

ThinkPad T16 Gen 4 (Intel)

Engineered for high-paced professionals who operate beyond the confines of a desk, this laptop brings adaptive performance to every scenario. With up to Intel® U or H Series Core Ultra 7 Processor and up to 97 TOPS of AI performance, it accelerates workflows ranging from real-time data modeling in finance to AI-assisted rendering in creative fields. Optional Intel® Arc™ 140T graphics support fluid multitasking for engineers and designers, while up to 64GB DDR5 memory enables seamless transitions between resource-heavy applications, boosting productivity for professionals who demand power on the go.



Redefining possibilities with powerful performance and groundbreaking on-device AI

ThinkPad T series laptops offer professional-grade durability, powerful performance with good processors, ample memory, and fast SSD storage. They feature robust security features and long battery life for productivity on-the-go.

A 16" WUXGA display with optional multi-touch and 100% sRGB offers vivid detail and intuitive interaction, ideal for educators annotating presentations or architects reviewing visual drafts. A rich array of USB-A, USB-C®, DisplayPort™, and HDMI ports, combined with Intel® Wi-Fi® 7, ensures fast, flexible connectivity in any setting.

Up to 2TB M.2 2280 SSD provides ample, rapid-access storage for large project files. With Discrete TPM 2.0 and an optional fingerprint reader, data stays secure even across mobile work environments.

Designed for seamless web conferencing, it features stereo speakers with Dolby Audio™, a dual-microphone array, and up to a 5.0MP IR camera with privacy shutter and noise reduction for clear, secure, professional communication anywhere.

Lenovo Services

Lenovo delivers tailored sustainability services, devices, and infrastructure solutions from our broad portfolio, working closely with you to support your target outcomes across the IT lifecycle..



Accessories

Lenovo Wired ANC Headset Gen 2

- Active Noise Cancellation
- Certified for Zoom and Microsoft Teams
- Inline Control Box with LED Indication



PN: Teams : 4XD1M45627, UC : 4XD1M39029

ThinkPad Bluetooth Silent Mouse

- Left/Right hand, easy-to-carry low profile mouse
- Switch between 2 devices with dual-host Bluetooth 5.0 connectivity
- 2-way scrolling with on-the-fly DPI adjustment (2400, 1600, 800)



PN: With Battery : 4Y50X88822 Without Battery : 4Y50X88823

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Performance

Processor

Intel V Series Core Ultra 5 / 7 Processor (Series 2) - Lunar Lake

Intel U or H Series Core Ultra 5 / 7 Processor (Series 2) - Arrow Lake

AI PC Category*

AI PC (Arrow Lake)

Copilot+ PC (Lunar Lake)

Operating System*

Windows 11 Pro or Home

Ubuntu Linux

NPU*

Integrated Intel AI Boost, up to 48 TOPS

Graphics¹

Intel Graphics (integrated)

Intel Arc 130T GPU (integrated)

Intel Arc 140T GPU (integrated)

Intel Arc Graphics 130V (integrated)

Intel Arc Graphics 140V (integrated)

¹Intel Arc graphics only available on select H-series Intel Core Ultra processor powered systems with at least 16GB of system memory in a dual-channel configurations, otherwise it will function as Intel Graphics.

Memory²

Arrow Lake: up to 64GB DDR5-5600, 2x CSODIMM

Lunar Lake: 16GB or 32GB LPDDR5x-8533 MoP memory, soldered

²The max memory is based on the test results with current Lenovo memory offerings.

Storage³

Up to 1x 2TB M.2 2280 PCIe NVMe SSD

³The storage capacity supported is based on the test results with current Lenovo storage offerings.

Audio*

High Definition (HD) Audio

Stereo speakers, 2W x2, Dolby Audio

Dual-microphone array, 360° far-field, Dolby Voice*

Camera*

5.0MP, with privacy shutter, temporal noise reduction

5.0MP + IR discrete, with privacy shutter, temporal noise reduction

Battery⁴

52.5Wh or 86Wh battery, up to 11.5 hr, Rapid Charge

⁴Battery life claims are approximate maximum. Actual result will vary depending on many factors and the maximum battery capacity will decrease with time and use.

Power Adapter*

65W USB-C adapter, PD 3.0

65W USB-C nano GaN adapter, PD 3.0

65W USB-C slim GaN adapte

100W USB-C slim adapte

Design

Display⁵

16" WUXGA (1920x1200) IPS Anti-glare 16:10

- 400nits, 45% NTSC

- 400nits, 45% NTSC, touch, Eyesafe

- 500nits, 100% sRGB, low power, Eyesafe

- 500nits, 100% sRGB, touch, ThinkPad Privacy Guard

⁵IPS (in-plane switching) technology may refer to IPS, PLS, ADS, AHVA, AAS.

Screen-to-Body Ratio

87.22%

Keyboard

6-row, spill-resistant, numeric keypad, Copilot Key, optional backlight

Touchpad

TrackPoint and glass-like Mylar surface 3-button

Trackpad

67.7 x 115 mm (2.67 x 4.53 inches)

Dimensions⁶

Starting at 359.7 x 250.8 x 11.8/18.14 (front/rear), 23.5 (maximum) mm;

14.16 x 9.87 x 0.46/0.71 (front/rear), 0.93 (maximum) inches

⁶The system dimensions may vary depending on configurations.

Weight⁷

Starting at 1.76 kg (3.89 lbs)

⁷The system weight is approximate and may vary depending on configurations

Color

Black

Case material

PC + 20% CF (top), PC + 20% CF (bottom)

Connectivity

Ethernet*

Gigabit onboard Ethernet

WLAN + Bluetooth*⁸

Intel Wi-Fi 6E AX211, 802.11ax, Bluetooth 5.3

Intel Wi-Fi 7 BE201, 802.11be, Bluetooth 5.4

⁸Wi-Fi 6E is only enabled on Windows 11 and operates as Wi-Fi 6 with Windows 10.

WWAN*

4G LTE CAT6 with embedded eSIM

5G Sub-6 GHz with embedded eSIM

NFC

Near Field Communication*

Ports

1x USB-A (USB 5Gbps / USB 3.2 Gen 1)

1x USB-A (USB 5Gbps / USB 3.2 Gen 1), Always On

2x USB-C (Thunderbolt 4 / USB4 40Gbps), with USB P 3.0 & DP 2.1

1x HDMI 2.1, up to 4K/60Hz

1x Headphone / microphone combo jack (3.5mm)

1x Ethernet (RJ-45)

1x Smart card reader*

1x Nano-SIM card slot (WWAN support models)*

Docking

Docking support via Thunderbolt or USB-C

Security & Privacy

Security

ThinkShield

Discrete TPM 2.0

Kensington Nano Security Slot

Smart card reader, supports ISO 7816 and EMV*

Touch style MOC fingerprint reader*

Camera privacy shutter*

IR camera for Windows Hello (facial recognition)*

Privacy Guard with Privacy Alert*

Ultrasonic Human Presence Detection*

Manageability

System Management*⁹

Intel vPro Enterprise*

⁹Intel vPro offers a superset of DASH's defined capabilities.